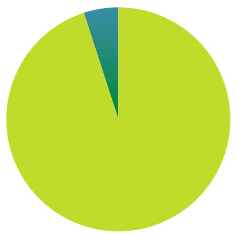


Peer Recovery Coaching Outcomes



95%
of recovery coaching clients improved their **addiction wellness**

After coaching, clients

demonstrated positive change in:

- Health and wellness
- Knowledge and skills
- Family and home
- Social network
- Healthy activities and environment

96%
are more hopeful
after their coaching visit

89%
have not used
since their last coaching visit

After at least 60 days of coaching, more clients (addiction sufferers as well as loved ones) agreed with the following:

“I’m not bothered by illness or fears about my health”



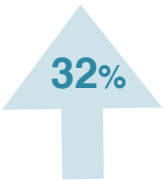
“I support my wellness with daily routines”



“I’m satisfied with my spiritual life”



“I’m satisfied with my emotions and feelings”



“People in my community look to me for support”



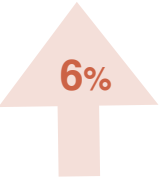
“My family provides emotional help and support”



“I can talk about my problems with family”



“My life has purpose”



“I feel a deeper connection to my community”



Among clients with the disease, after at least 30 days of peer recovery coaching:



79% reduced their risk level



50% reduced or stopped alcohol use



64% reduced or stopped drug use



60% had positive change in employment



42% reduced involvement with criminal justice/legal system